

## EDUCATION

Doctoral Student, Psychology Department, Harvard University 2019 – present  
Bachelor of Arts, Psychology, University of California at Berkeley 2006 – 2009

## RESEARCH INTERESTS

Health mindsets; embodied models of health; placebo effects; sociocognitive mindfulness

## PUBLICATIONS/RESEARCH IN PROGRESS

Aungle, P., & Langer, E. (2023). Physical healing as a function of perceived time. *Scientific Reports*, 13(1), 22432. <https://doi.org/10.1038/s41598-023-50009-3>

Aungle, P., & Langer, E. (under review). *The Borderline Effect for Diabetes: When No Difference Makes a Difference*. [Frontiers in Psychology]

Aungle, P. & Langer, E. (in prep). *Embodied models of health: how attention, beliefs, and expectations interact to shape health over time*.

Aungle, P. (in prep). *A little goes a long way: expressing negative emotion to address conflicts at work*.

Aungle, P. & Langer, E. (in progress). *Healing faster: the effect of healing time expectations on actual healing times after cataract surgery*.

Aungle, P., Schneider, G., Philips, D., Langer, E. (in progress). *A sociocognitive approach to treating ADHD*.

## TEACHING FELLOW EXPERIENCE

- PSY 1702 The Emotional Mind, Harvard University, Spring 2024, TF
- PSY 3555 Instructional Styles in Psychology, Harvard University, Spring 2024, Instructor
- PSY 1005 Health: A Positive Psychology Perspective, Harvard University, Fall 2023, Head TF  
Average student rating: 4.95/5.0
- PSY 3555 Instructional Styles in Psychology, Harvard University, Fall 2023, Instructor  
Average student rating: 5.0/5.0
- PSY 15 Introduction to Social Psychology, Harvard University, Spring 2023, TF  
Average student rating: 4.52/5.0
- PSY 1005 Health: A Positive Psychology Perspective, Harvard University, Fall 2021 – 22, TF  
Average student rating: 4.32/5.0
- PSY 1 Introduction to Psychological Science, Harvard University, Spring 2022, TF  
Average student rating: 4.38/5.0

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## **WORK EXPERIENCE**

Private Tutor, [Smarter Test Prep](#), 2011 – present

Research Assistant, Metcalfe Metacognition Lab, Columbia University, 2018 – 2019

Business Development Services Analyst, Goldman Sachs Asset Management, 2009 – 2010

Research Assistant, Francis Stress Lab, University of California at Berkeley, 2006 – 2009

Press Advance Lead, National Advance Team, Hillary Clinton for President, 2007 – 2008

Research Assistant, Glaser Implicit Bias Lab, University of California at Berkeley, 2007 – 2008